



GYM RULES

- ***No parents allowed in the gym***
- ***No footwear in the gym***
- ***No food or drink in the gym***
- ***No jewellery***
- ***No photography***
- ***No parents allowed in the gymnasts changing rooms***
- ***Hair must be in bun/plaits for all classes***
- ***Club uniform must be worn***
- ***Every gymnast must sign in at reception***
- ***Please tidy up after yourselves***